

Sermon Notes

November 5-8, 2020

COME APART OR COME APART

[Mark 6:30-34](#)

This weekend of worship at Concord we are looking at one of the great principles of Christian endurance. "If you don't come apart you will come apart." How do you deal with stress? There certainly is enough to go around. As a follower of Jesus we are not insulated from stress.

I. The Stress of Following Jesus.

The disciples faced something new.
They faced rejection.
They knew success.
They experienced grief.
They dealt with people.

II. The Secret of Following Jesus.

Come apart and rest.

A quiet place.
A quiet time.
A quiet heart.

III. The Strength for Following Jesus.

Jesus is our source. We look to Him for strength.

When we are inadequate, He is adequate.
When we are afraid, He brings peace.

May God give us strength in these stressful days.

Your Servant in Christ,
Bro Monte